



Sir John Cass's Foundation
Primary School
Headteacher: Mr T Wilson

Changes in provision of food during holidays

Friday, 23 March 2018

Dear Parents and Carers,

The provision of food during holiday periods is changing.

As you will be aware, schools are facing financial pressures at the moment and while we are more fortunate than many, we still need to ensure our systems are as efficient as possible.

For some time now, we have had low numbers, especially in our Nursery during holiday periods. In the past we have always provided hot and cold food during holiday times to children in the Nursery or Playcentre.

From Tuesday 3rd April, 2018- this Easter Holiday- food will no longer be served to children in childcare during holiday periods. At all other times, food will continue to be provided to children when using childcare.

This means you will need to send children into school with packed lunch. For those children staying for the extended day, you may also need to include a packed tea.

We will continue to have access to fresh fruit and milk for under 5s during holiday periods. I have also included an extract from our Health, Safety and Welfare Policy which includes guidance about the sort of food allowed in school. I remind you that you should not send peanuts or products which contain nuts into school and that the school encourages a healthy diet. We will speak to you directly if we don't think the food being sent to school is appropriate or in line with our policy.

I do acknowledge that these changes- in effect- constitute a price rise to the service offered. I am afraid there is no other option but to make these changes. I also apologise for not being able to inform you of these changes at the time of booking for the Easter Holidays; unfortunately this was unavoidable. If you have any questions you would like to ask about the changes, do contact Ms Johanna Wheeler in the first instance via the school office.

With thanks,

A handwritten signature in blue ink, appearing to be 'T Wilson'.

Mr T Wilson
Headteacher

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Extract from our Health, Safety and Welfare Policy

School food

- a) Our school provides the opportunity for children to have a meal at lunchtimes. Eligible parents may claim free school meals for their children. We do all we can to ensure that the meals provided have a suitable nutritional value, in line with the latest guidance and national standards.
- b) We provide free milk to under 5s each day.
- c) Our school promotes a healthy lifestyle. We do not allow sweets to be eaten in school. Only water may be brought in from home. Free fruit or vegetables are provided for Nursery, Foundation Stage and Key Stage 1. Key stage 2 may bring fruit for a mid-morning snack.
- d) We do not permit parents to bring cakes and treats to school when it is a child's birthday.
- e) Lunch includes use of fresh fruit and vegetables each day as a choice for the children. They provide a hot and cold option, both of which pay regard to nutritional balance and healthy options
- f) In the rare instances where children bring packed lunch to school, we do not allow chocolate bars, sweets, high sugar snacks / bars or fizzy drinks
- g) Water is freely available throughout the school day to all members of the school community. Children may drink their water at any time except during assembly. Regular water and brain breaks are built into the school day and curriculum by class teachers. Foundation Stage and Key Stage 1 children are also reminded to drink water at their snack time.
- h) We provide the opportunity to discuss and learn about food, health and welfare in all areas of the curriculum