



Sir John Cass's Foundation  
Primary School  
Headteacher: Miss A Allan

## Sex and Relationship Education Parent Meeting (20.11.2018)

Wednesday 14<sup>th</sup> November 2018

**Who is this letter for?** Parents of children in Class 4, 5 and 6

Dear Parents and Carers,

As part of our wider personal, social, health and relationship curriculum, children in years 4, 5 and 6 will soon begin their lessons on the topic of sex and relationships. The sessions will be delivered carefully, will be age appropriate and with an awareness of the fact that families may have different views and values.

Lessons will also be informed by our school's core Christian values and will take place in a respectful and trusting environment. Most will be taught by your child's class teacher, but some will be in single sex groups.

It is really important that as parents and carers, you are fully aware of the topics to be covered in class. This helps you to manage the information with your child, as you feel appropriate. To provide you with the opportunity to find out more, a parent meeting will take place on Tuesday 20<sup>th</sup> November at 3:45pm, in which you will be shown a curriculum overview and be able to ask questions.

Parents do have a statutory right to withdraw their child from certain non-scientific aspects of the Sex and Relationship Education Curriculum, but I do hope you don't exercise this right. It's so important that children learn about how they grow and change, but also about healthy relationships. I've included in this letter some information about the content of the curriculum for each year group.

You can also find out more about our policy and approach by reading the Sex and Relationship Education Policy on our website:

[http://www.sirjohncassprimary.org/uploads/7/3/9/2/73924371/sex\\_relationships\\_education\\_policy\\_2017.pdf](http://www.sirjohncassprimary.org/uploads/7/3/9/2/73924371/sex_relationships_education_policy_2017.pdf)

If you have any questions, don't hesitate to get in touch.

Yours sincerely,

Miss A Allan

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Headteacher

## Overview of Sex and Relationship Education Programme in Classes 4, 5 and 6

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### Year 4

- Different kinds of relationship, special days, when relationships end.
- Physical contact rules.
- Different types of relationship, love, marriage and special days e.g. Mother's Day.
- How we challenge stereotypes and how the media presents information.
- Techniques to resist pressure or follow someone else's beliefs when they feel uncomfortable.
- **About the ways in which boys and girls are different, the different changes their bodies go through in puberty and the names of girls and boy's body parts including sexual parts.**

### Year 5

- Effects of puberty on male and female body parts.
- Feelings and changes during puberty.
- What's essential to a positive, healthy relationship.
- Similarities and differences between relationships and challenging stereotypes.
- About different types of relationships, partnerships and how they change over time.
- **Keeping clean during puberty.**
- **What happens during puberty.**
- **About human reproduction in the context of the human lifecycle.**
- Rights about own bodies, e.g. the pant rule, FGM and consent.
- About discriminatory language, teasing, bullying (including homophobic name calling) and its effect.

### Year 6

- **About puberty and body changes.**
- How body image is reflected in the media.
- How to respond to feelings.
- **About human reproduction** and that pregnancy can be prevented.
- Personal safety online.
- Maintaining healthy relationships.
- About acceptable and unacceptable contact.
- Different types of relationship including marriage as a civil or religious ceremony involving two people of the same or opposite sex.
- Rights in relation to marriage.
- About similarities and differences between people including sexuality.