

Lunch Week One



Monday

Tuesday

Wednesday

Thursday

Friday

Meat Free Day

Main Event

Penne Pasta with Tomato & Basil Sauce

And also..

Penne Pasta with Creamy Mushrooms Sauce

Main Event

Chicken Tikka Masala

Meat Free

Butternut Squash and Chickpeas Curry

Main Event

Rosemary Roasted Chicken Thighs with Gravy

Meat Free

Red Onions & Rosemary Sausages

Main Event

Traditional Beef Lasagna

Meat Free

Tomato & Mozzarella Risotto

Main Event

Battered Cod Fillets served with Lemon Wedges & Tartare Sauce

Meat Free

Southern Style Quorn Patties with Tomato Salsa

Available Daily:

- Homemade Bread
- Selection of Salads & Dressings
- Selection of whole or cut Fruit
- Dried Sultanas & Apricots



And to go with..

Half Jacket Potatoes
Fresh Broccoli

Pudding

Homemade Vanilla & Peach Mousse

And to go with...

Basmati Rice
Cumin Roasted Cauliflowers

Pudding

Homemade Fruity Flapjacks

And to go with...

Black Pepper Roast Potatoes
Green Beans

Pudding

Fruit Salad

And to go with...

Homemade Jackets Wedges
Sweetcorn

Pudding

Apple Crumble with Custard

And to go with...

Chunky Chips
Reduced Salt & Sugar Baked Beans
Garden Peas

Pudding

Vegetarian Strawberry Jelly



Lunch Week Two



Monday

Tuesday

Wednesday

Thursday

Friday

Meat Free Day

Main Event

Vegetarian Baked Pasta

And also...

Gnocchi Marinara

Main Event

Chicken And Leeks Pie

Meat Free

Quorn Stuffed Potato Boats

Main Event

Roast Beef with Yorkshire Puddings and Gravy

Meat Free

Glamorgan Sausages

Main Event

Cajun Chicken

Meat Free

Huevos Rancheros

Main Event

100% Cod Fish Fingers served with Lemon Wedges & Tartare Sauce

Meat Free

Vegetarian Quasedillas

Available Daily:

- Homemade Bread
- Selection of Salads & Dressings
- Selection of whole or cut Fruit
- Dried Sultanas & Apricots



And to go with...

Half Jackets Potatoes
Sliced Carrots

Pudding

Apricot and Honey Mousse

And to go with...

Parsley Mash Potatoes
Honey Roast Parsnip

Pudding

Raspberries Cheesecake

And to go with...

Rosemary Roast Potatoes
Savoy Cabbage

Pudding

Fruit Salad

And to go with...

Coriander Rice
Sweetcorn

Pudding

Shortbread Biscuits

And to go with...

French Fries
Reduced Salt & Sugar
Baked Beans
Garden Peas

Pudding

Rocky Road



Lunch Week Three



Monday

Tuesday

Wednesday

Thursday

Friday

Meat Free Day

Bread
Sweet Potato Bread

Main Event

Penne Pasta with
Tomato Provencal
Sauce

And Also...

Penne Pasta with
Cheese Sauce

Main Event

Chilli con Carne

Meat Free

Black Eye Bean Chilli

Main Event

Mustard, & Lemon Roast
Chicken with Gravy

Meat Free

Tomato & Mozzarella
Sausages

Main Event

Shepherd's Pie

Meat Free

Lentil Hot Pot

Main Event

Smoked Haddock Fish
Cakes served with
Lemon Wedges &
Tartare Sauce

Meat Free

Herb Tortilla with
Homemade Pepper
Chutney

Available Daily:

- Homemade Bread
- Selection of Salads & Dressings
- Selection of whole or cut Fruit
- Dried Sultanas & Apricots

And to go with...

Fresh Broccoli

Pudding

Fruit of the Forest Mousse

And to go with...

Long Grain Rice
Sweetcorn

Pudding

Pear Sponge with Custard

And to go with...

Roast New Potatoes
Green Beans

Pudding

Fruit Salad

And to go with...

Curly Kale

Pudding

Oatmeal & Raisin Cookies

And to go with...

French Fries
Reduced Salt & Sugar
Baked Beans
Garden Peas

Pudding

Vegetarian Orange
Jelly

