



Sir John Cass's Foundation Primary School

Kit List for Visit to Hampshire Mountain Centre

You are likely to get wet on activities so bring a complete change of warm clothes for each day, remember they will get dirty so bring old things that don't matter. Use the check list below to help prepare for your visit.

Check List – Essential things to bring	✓
1 Litre water bottle (very important)	
Warm hat, gloves, scarf	
Washing kit & 2 towels (one small towel and one medium sized towel)	
Indoor shoes or slippers	
Night wear	
Large plastic bag to put dirty clothes into	
NOTE: For each day of activity a full set of warm activity clothes is required	
Underwear	
1 x pair of socks for inside boots	
5 x pairs of long socks	
4 x T-shirts	
4 x Long-sleeved tops – (e.g. warm sweaters – fleece)	
4 x Loose warm trousers – (e.g. track suit bottoms NOT jeans)	
Old shorts (for over wetsuit – gorge walking / canoeing)	
Trainers (plus an old pair for water activities)	
Swimming costume (for water activities)	

The Centre will provide:

- Walking boots
- Wellington boots
- Waterproofs
- Day sack
- All activity related equipment. For example helmets, buoyancy aids, harnesses etc.