Research has suggested that babies up until 6 months of age find it easier to focus on black and white tones and graphics. Babies find high-contrast images stimulating and focusing on them helps the brain and eye-sight to develop.

Black and White will captivate and hold babies' attention, encouraging visual development as well as physical activity like wiggling, kicking and arm waving.

Different patterned and textured materials provide an interesting sensory surface for babies to lie on and crawl across.

Ideas at Home

- Black Fabric
- White Feather Boa
- Black/White Soft Wool
- White Voile
- Black/White Tissue Paper
- Black/White Baubles
- Black Tinsel
- Black Bangles
- Black/White Plastic Bowls
- Black/White Plastic Bowls
- Black Make-Up Brush
- White Shower Scrunchie
- Black Anti-Slip Mat
- Lengths of Black Chain
- Black/White Cushions
- Black Fabric
- Black/White Ribbon
- Black/White Cushions
- Black Cellophane
- Black Utensils