

# SIR JOHN CASS'S FOUNDATION PRIMARY SCHOOL

Friday 15th November 2019

A voluntary aided Church of England primary school in the heart of the City of London



Dear Parents and Carers,

Although the days are getting colder and shorter, things are hotting up around school. We are entering into one of the busiest times of the school year, as seasonal preparations start to take place and the usual events and activities continuing. This week alone we have had Year 4 out on a residential to Kench Hill, you may have seen some pictures on our Twitter feed and website? We have also had Year 6 visiting the City of London School to participate in a secondary school style science lesson, Year 5 have been to the London Metal exchange and the Reception class visited Spitalfields City Farm!

Next week is looking just as busy, with a visit to school from the NSPCC (see below for details), some of our younger children heading out to St Botolph's for a singing workshop and our 'Not To Be Missed' Bedtime Stories event in school—all parents and carers should have received a letter inviting you into school with your child on Tuesday evening for this!

### **Skipping:**

It's been great to see so many children eager to get into school for skipping and even better to see some parents participating! We have lifted the restriction for year groups each day. All children are now welcome daily from Monday to Thursday (no skipping club on Fridays). Don't forget, the session starts at 8:35 and runs for 10 minutes until the main gates open.

### **NSPCC visit on Tuesday.**

All parents and carers of children in Reception up to Year 6 should have received a letter about the event. This is something that we as a school participate in as part of a 2 yearly programme. The NSPCC are well trained in delivering the content in a sensitive and age appropriate way. The objectives of the visit are below:

- To ensure primary School aged children have an understanding of abuse in all its forms, including bullying, and an ability to recognise the signs of abuse.
- To ensure primary School aged children know how to protect themselves from all forms of abuse.
- To make them aware of how to get help and sources of help including Childline.

### **Two reminders:**

The CCFC office is not manned after school hours and therefore we ask all parents who are using the Early Years facilities after 3:35pm to enter the building via the main entrance unless you have a buggy with you, in which case we are happy for you to use the CCFC entrance and ramp to enter.

On Thursdays, from 6:30pm the school is rented out to the cub scouts, a service which many of our families attend. Up to this point we have allowed parents and carers in the building unsupervised to wait between the end of childcare and the start of the cubs sessions. We ask you please, in order to be able to maintain this courtesy to you, that all parents and carers supervise their children closely and that if any food is consumed in the corridor area (no other areas should be being used) that no food remains or empty packets are left behind. I'm sure that you will appreciate that under normal circumstances, the corridor is not used as a place to eat and is therefore not set up or maintained in the same way as a dining hall.

Kind regards,

Miss A Allan

(Headteacher)



## **Parents and Carers Coffee Morning**

On Thursday 28th November, we will be holding a coffee morning about stress and anxiety in children. It is a growing issue nationally and we are all learning strategies to make sure that our children are as well supported as possible. In case you are wondering why it is important to support the healthy development of children's emotional wellbeing, see below for a list or come along to find out more:

- Children are not able to develop the ability to regulate their own emotions without support and guidance from adults, much like learning to read.
- When children struggle with their emotional world, this can impact their behaviour at school and home.
- Improved emotional wellbeing is associated with better academic performance and educational progress in school children of all ages, including better performance at SATs.
- It can be difficult to cope when children have big emotional outbursts or behaviour which feels challenging to manage.

Emma Sinclair, a CAMHS practitioner who works closely with the school as part of our wellbeing and mental health work, will be delivering the session.

**Location: The main hall**  
**Time: 9.15-10.15**  
**Date: Thursday 28<sup>th</sup> November**

### **Dates for your diary:**

**Tuesday 19th November 5pm to 6pm:** Bedtime stories event in school.

**Friday 22nd November:** Non uniform day. Children may come to school in their own clothes in return for bringing in items for the Christmas Fair's Chocolate Tombola .

**Friday 22nd November 2.50pm:** Class 4 assembly

**Friday 29th November:** Non uniform day. Children may come to school in their own clothes in return for bringing in unused toiletries and small gifts to be sold at the Christmas Fair.

**Friday 29th November 11.30 onwards:** CCFC closure afternoon

**Friday 29th November 2.50pm:** Inventors (Reception) class assembly

**Friday 29th November 3.30 to 4pm:** Book Fair

We will be publishing the calendar of Christmas events soon, however all dates are on the school calendar now if you wish to check on the school website.

The term dates for next academic year will also be published in the next couple of weeks.

*Reminder: Logo competition for the City of London Community Energy Programme is still open until 22nd November*

*Faith, hope and love abide, these three: and the greatest of these is love. 1 Corinthians 13:13*