

# SIR JOHN CASS'S FOUNDATION PRIMARY SCHOOL

Friday 5th October 2018

A voluntary aided Church of England primary school in the heart of the City of London



## Wellbeing at SJC

Schools are reporting growing numbers of students across the board that have difficulties with managing their emotions, coping with the stresses of life, both in and out of school, and in making the most of their learning and life opportunities in school. Research tells us that positive health and education outcomes are closely related and that school staff are ideally placed to spot mental health difficulties at an early stage. At SJC, we have always believed that our pastoral care is of utmost importance to our students success in their lives.

This year we will be taking part in a project called WAMHS (Wellbeing and Mental Health in Schools). The project seeks to ensure that schools are settings where children and young people are helped to develop resilience and wellbeing in all areas of their lives, not only academically, but also socially and emotionally. The focus of WAMHS is on building resilience and coping skills in students alongside helping students to access any extra help they may need, when they need it. It also aims to upskill staff in schools so that they feel equipped and confident in dealing with mental health difficulties and in supporting students and their families. More information about how we support our children will follow in upcoming newsletters...

## Safeguarding in School

We take safeguarding seriously at SJC and want our children, staff and parents to be as safe as they can at all times.

Safeguarding involves much more than observing and listening to children to make sure there are no concerns about abuse or neglect. It also involves ensuring that the environment that we spend our days in is as safe as possible for everybody.

As a school in the heart of the City we have to be vigilant at all times. With the opening of 2 public squares by the school, there is an increased footfall around the school and an increased awareness that the school is here. In so many ways, this is a great thing, however we must be aware that there are also potential pitfalls to this.

Over the coming year we will be making certain changes to our security procedures and the way that some things work. We will keep you informed of changes and upgrades that we make and ask that you continue to support us in keeping our school community a safe one.

## Thank You Pat Toon...

Many of you will know Pat Toon, one of our baby room practitioners. She has worked at SJC for over 30 years and has even have looked after some of our parents when they were younger! Unfortunately for us, Pat has decided that it is time for her to retire. She is currently on leave due to a recent knee surgery and will not officially be returning, however she will visit us on Wednesday 31st October to say farewell and so that we can offer her our best wishes for a happy and excitement filled retirement.

ARTIZAN STREET LIBRARY & COMMUNITY CENTRE

# Code Club



Every Friday  
4:00 - 5:00pm  
Artizan Street Library  
Ages 9 - 12

A one hour club using Scratch. You will get the chance to learn new digital skills, build apps and play games. No previous experience of coding necessary. All equipment provided.

**Free but spaces limited.  
To join please complete an application form.**

Next meet-up will be Friday 12th October.

0207 332 3810 [artinlib@cityoflondon.gov.uk](mailto:artinlib@cityoflondon.gov.uk)  
Artizan Street Library, 1 Artizan Street, London, E1 7AF  
Find us on Facebook and Twitter [www.cityoflondon.gov.uk/libraries](http://www.cityoflondon.gov.uk/libraries)



**Still Wanted!** Old tiles or crockery for our school mosaic project.

## Would you like to help organise part of this years school Christmas fair?

Then come to the PTA meeting on Tuesday the 16<sup>th</sup> October 2.30-3.30pm.

If you can't make that then pop in after school on the same day from 3.30-4pm.

All the funds raised from the Christmas fair are for the school to subsidise trips, residentials and to pay for the extra things that are needed around the school. We are all volunteers and rely on people helping out when they can. If you can't make the meetings then join the PTA WhatsApp group and stay involved that way.

Make a difference in your child's school!

**CHILL** Thank you to all of the families who signed up to the CHILL study. Scientists came into school this week to work with children in Years 2, 3 and 4 to explore how air pollution affects children's growth. We had such a great response to the request for participants that the team will be returning on Tuesday to complete their initial measurements for the children they didn't see this week.

## Harvest Collection

Our Harvest Festival is on 17th October.

We are still collecting for the First Love Foundation (Tower Hamlets Foodbank)

- Washing powder
- Shampoo and conditioner
- Toilet roll
- Tinned rice pudding
- Tinned meat soup
- Cooking sauces
- Honey
- Coffee and hot chocolate
- Long life milk and juices
- Tinned fruit
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<https://www.firstlovefoundation.org.uk/>



## Annual Governors Meeting with Parent Forum

We will be holding our annual governors meeting to parents, with a parent forum at 9am on Tuesday 16th October. In this session we will talk about our priorities for the coming year at SJC.

## Dates for Your Diary

Tue 16 Oct 2018	<ul style="list-style-type: none"><li>● 9 – 10am</li><li>● 2:30 – 3:30pm</li><li>● 3:30 – 4pm</li></ul>	Governors AGM and Parent Forum PTA Meeting PTA Meeting
Fri 19 Oct 2018	<ul style="list-style-type: none"><li>● All day</li><li>● 2:50 – 3:20pm</li></ul>	CCFC closure afternoon Class Assembly - Y1
Mon 22 Oct 2018	<ul style="list-style-type: none"><li>● All day</li></ul>	Half Term



## THE LORD MAYOR'S SHOW 10 NOVEMBER 2018

lordmayorsshow.london 020 7332 3456



# School Uniform

At SJC we are a uniformed school. It is expected that children wear the appropriate uniform each day. We are not overly restrictive in the options that children are given, therefore we ask that you support us in adhering to these rules. If you have any difficulties with uniform costs, please see the school office. Please see below for the compulsory elements of the day to day school uniform.

Trousers/ Shorts – Navy

Skirt/Pinafore/Trousers – Navy

Summer Dress – Red/Navy gingham. White socks should be worn with a summer dress.

Shirt long/short sleeve - White

Polo Shirt with school Logo – White

School tie – To be worn with shirt

School logo sweatshirt – Red/Navy

School logo cardigan- Red/Navy

Tights – Plain navy, white or red

Socks—Plain white, navy or grey

School Shoes – Black. Black trainers should not be worn to school. Boots should not be worn to school. We class boots as any footwear that fully covers the ankle bone.

During the summer term sandals may be worn in a plain design with an ankle support. Sandals may be black, brown, blue or white.

Socks- Navy or Grey

Uniform and logo items can be purchased from Khalsa schoolwear: <https://www.khalsaschoolwear.co.uk/>



Years 4 and 5 dancing with Darcey Bussell and Colin Jackson in the Guildhall Yard on National fitness day.