



Dental caries is the most common chronic childhood disease.

It is disproportionately more prevalent on **low-income** and **minority ethnic** children.

This will adversely impact on a child's ability to:

- eat
- Speak
- and learn

This will further cement social inequities already stacked against this vulnerable population.



## What can we do for under 1's?

- Provide general support & guidance
- Complete a matrix on families who we have concerns for
- Promote oral health for under 1's; explain the importance of checking your babies mouth and cleaning the tongue, using muslin cloth
- Explain there is sugars in milk
- To use 'sippy' cup after 1 year
- Promote starting solids and encourage parents to attend

# 5 top tips for Oral Health

- Keep sugar-based food to meal times
- Spit after brushing your teeth, do not rinse
- Use fluoride based toothpaste for children over 1 year old (1450 ppm rec)
- Brush your teeth twice a day
- The whole family should visit the dentist
- once a year



## What can we do for over 1's ?

- Provide general support & guidance
- Complete a matrix on families who we have concerns for
- Display the 5 oral health key messages
- Create fun activities in sessions which link to Oral Health
- CCIA & CAF assessment must include question “Are you registered at the dentist?”
- Families not registered at a dentist and/or unaware of good dental hygiene must be followed up. Log information on the tracker